UNIVERSAL HEALING TAO® System

Case Study Form
for upgrading to UHT Inner Alchemy Certified Instructor

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Applicants profile for becoming ☐ UHT Inner Alchemy Certified Instructor

Surname Trainee	**Name Trainee**
e-mail	**Mobile Phone**
Zip	**City**
Street / No.	**Birthday**
Country	**State**

Dear Associate Instructor,

To reach the level of a 'UHT Inner Alchemy Certified Instructor', 9 completed UHT Case Study Forms are needed. To train and develop your skills, Grand-Master Mantak Chia wants you to show your UHT Basic practice for this part of your UHT Instructor education. Within each of the 9 teaching sessions with your students (partners, clients, friends or relatives), please ask your students to fill out this questionnaire. These nine filled in UHT Case Study Forms are part of your own education. Please observe the legal regulations valid in your country.

Thank you very much!

Date   **Signature Associate Instructor**

1. Name :	**Surname :**
2. Gender: ☐ Female ☐ Male ☐ Other	**Age :**
3. E-mail	**Country:**

1. UHT Inner Smile

☐ YES ☐ ?? ☐ NO   Could you feel/visualize the red fire Chi in/around the heart?

☐ YES ☐ ?? ☐ NO   Could you feel/visualize the blue water Chi in/around the kidneys?

☐ YES ☐ ?? ☐ NO   Could you feel/visualize the green wood Chi in/around the liver?

☐ YES ☐ ?? ☐ NO   Could you feel/visualize the white metal Chi in/around the lungs?

☐ YES ☐ ?? ☐ NO   Could you feel/visualize the red yellow/orange Chi in/around the spleen?

Describe briefly your experience:

2. Six Healing Sounds

☐ YES ☐ ?? ☐ NO   Could you notice effects after doing the eye practice ?

☐ YES ☐ ?? ☐ NO   Did you understand the difference between Creation Cycle and Control Cycle?

☐ YES ☐ ?? ☐ NO   Could you feel emotions in the organs

☐ YES ☐ ?? ☐ NO   Could you visualize the colors in the organs

☐ YES ☐ ?? ☐ NO   Can you feel emotional release?

Describe briefly your experience:

3. Chi Self-Massage

☐ YES ☐ ?? ☐ NO   Is a partial massage of the body sufficient?

☐ YES ☐ ?? ☐ NO   Do you think you need to know the body functions for this type of massage?

☐ YES ☐ ?? ☐ NO   Can diseases be cured with self-massage?

☐ YES ☐ ?? ☐ NO   Could you increase muscle building in the body through self-massage?

Describe briefly your experience:

4. Warm Up Qi Gong

☐ YES ☐ ?? ☐ NO   Do you believe in self-healing effect of the exercise

☐ YES ☐ ?? ☐ NO   Could you feel any connection from the psoas muscle to the door of life

☐ YES ☐ ?? ☐ NO   Warm Up Qi Gong only affects the physical body?

☐ YES ☐ ?? ☐ NO   Warm Up Qi Gong harmonizes the Chi flow in the physical body?

Describe briefly your experience:

I am aware that UNIVERSAL HEALING TAO® System is primarily an educational process enabling me to care for myself in a more informed way. I know that I am responsible for my own physical, emotional, mental, and spiritual wellbeing. This training will enable me to better understand myself and become capable of functioning more fully as a complete being in harmony with myself. I am not here to be treated for any illness, disease or disability. With this Taoist meditation and Qi Gong practice of Grandmaster Mantak Chia, no diagnoses are made and it can in no case replace the visit with the doctor.

Date   **Signature Student**